

Hi,

Thank you for taking part in this year's Run4YourCause on June 1<sup>st</sup> at Marpeck Commons. As part of the race, as well as representation of your cause we are asking for 5 volunteers (minimum) from your organization. No experience is needed and we have plenty of stations that we can place volunteers (see below).

Instructions will be given in advance as well as on race day so all volunteers feel comfortable knowing what station they will be assigned to. I've included below instructions on how to sign up on Race Roster as a volunteer.

We'd also like to offer each organization a table in the Marpek Commons on race day. It's a great opportunity to promote your cause and liaise with the runners/participants. Please send an additional volunteer (above the 5 minimum) to man this table. Please let me know if you'd like a table in advance so it's ready for you race day.

Please forward this email to members of your organization so they can volunteer and we can get started assigning volunteer positions.

We thank you in advance for your support and helping us put on a great race.

Heather Pawluk

Volunteer Co-Ordinator for Run4YourCause

[haidamaria12345@gmail.com](mailto:haidamaria12345@gmail.com)

#### Additional registration details

##### Position preference (request) \*

Please select at least 30 and up to 40 stations below

- Food table
- Water stations
- Course Marshalls
- Finish Line
- Timer helper
- Bike sweep
- Prize handout
- Race Kit Pick up on Race Day
- Race Kit Pick Up on May 30th 3-7 pm at Big Sky
- Volunteer Meeting Virtual April 29th @ 6 pm
- Volunteer Meeting at Race Site Thursday May 29th at 6 pm



## To Create a Race Roster Account

- 1) Click on this link
  - a. <https://raceroster.com/events/2024/86611/2024-run-4-your-cause>
- 2) Click “sign in” on the top right of the website
- 3) Enter your email address and select “No, I want to create a password”
- 4) Create your own password
- 5) Click that you’ve read the terms of service agreement
- 6) Click “Sign up”

### Let's get started

What is your email address?

Do you have a Race Roster password?

No, I want to create a password.

Yes, I have a password.

Enter password

[Forgot password?](#)

## Instructions on how to sign up as a volunteer:

- 1) Please click on the link to the race <https://mraweb.ca/event/run-4-your-cause/>
- 2) Scroll down until you find the following link and click on it  
**[Online Registration](#) *NOW OPEN!***
- 3) Sign into your race roster account if you have one. If you do not have one, please create one by clicking on the “sign in” on the top right side of the site.

Contact  Menu ☰

- 4) Find “Volunteer” on the left side of the site and select.

Event details
Register
Donate to participant
Confirm registration
<b>Volunteer</b>

- 5) Fill out the Volunteer sign up form
  - a. You can select your position preference at this time.
- 6) Click “continue”
- 7) You will get a confirmation email confirming that you’re registered.